

Therapy after contact with ticks and management of chronic multisystem diseases by infective agents in adults

GERMAN

Attached tick

1. Upon consultation with a medical doctor please take immediately 2 x 1 Doxycycline 2 x 100-200 mg / day preferably for about **30 days** or take the plan as it is done in **erythema migrans**, see below.
2. **Borrelia - serology** (ELISA and blot). In case of unremarkable laboratory results: Please repeat the Borrelia serology after 30 days.
3. **Written information (signed by the patient)** about the necessary **medical contact in 30 days**. Information about possibly acquired **co-infections**, about **colon protection with a course of antibiotics** and on **protective measures against further tick bites**.

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Erythema migrans

1. Medical history, physical examination, Laboratory testing, imaging procedures, Foto - Doku! Note the contra-indikations. If acute neurological symptoms are seen, then hospitalization!
2. **Immediately taking** 2 x 1 Doxycyclin 100 – 200 mg / day **or** 2x 1 Minocyclin 100 mg / day **plus** Azithromycin 500 oder 600 mg 3 X / week **plus** Artemisia annua intense 600 or 800 mg per day for **40 days** („**Quarantina di giorni**“, introduced in the year 1374 in Venice) **or preferably for 60 days**. **Informed consent** needed.
3. **Adjuvant therapy: colon protecting, Mitochondria protection, metabolic support, symptomatic treatment.**
4. Control examination program according given plan
5. **Information of the patient** about **acquired co-Infektions** and on the rare but possible chronic nature of the infectious disease and the possibility of disease relapses as well as about **protective measures against further tick bites**.

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Chronic Lyme-disease, Multisystem diseases caused by pathogens, Cavete diagnoses ---

1. Medical history, physical examination, laboratory testing, imaging procedures, differential diagnoses, note contra-indikations. Photographic documentation.
2. Discussion of the overall result of the investigations. Discussion of risks in the treatment, the **pros and cons of a long-term antibiotic treatment**. Consultation of necessary **additional measures in the therapy**. Discussing of behaviors of the patient in dealing with himself. **informed consent**. **Permanent recovery? Long-term antibiotic treatment**. If serious **contra-indikations** then **Phytotherapy**.
3. Individual treatment plans for 60 days ->
4. Follow-up examination program according to shedule
5. **Information about acquired co-Infektions, about antibiotics, Colon protection, Mitochondria protection, diet, metabolic support, protective measures against further tick bites, standpoints, perspectives, off-label use** -> [DBG ILADS / IDSA](#)

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<https://www.guideline.gov/summaries/summary/49320?>

<http://www.tandfonline.com/doi/full/10.1586/14787210.2014.940900>

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